

**RAUK Cambridge Cadaveric Anatomy and Ultrasound Guided Nerve Block  
Course  
3<sup>rd</sup>, 4<sup>th</sup> and 5<sup>th</sup> of April 2016  
Cambridge, UK.**

**Programme:**

**Day 1 ((2G01, 2G02, 2G03)**

1000-1030	Coffee and Registration
1030-1130	Anatomy of the brachial plexus
1130-1230	Overview of the upper limb blocks
1230-1330	Lunch
1330-1430	Anatomy of lumbosacral plexus
1430-1530	Overview of lower limb blocks
1530-1600	Coffee
1600-1700	Anatomy for abdominal blocks
1700	End of day 1
<b>1730</b>	<b>Punting on Cam (weather permitting).</b>

## **Day 2 (2GO4, 2GO5)**

0900-1000	Workshop 1
1000-1100	Workshop 2
1100-1200	Workshop 3
1200-1330	Lunch
1330-1430	Workshop 4
1430-1530	Workshop 5
1530-1600	Coffee
1600-1700	Workshop 6
<b>1730</b>	<b>Punting on Cam (if not possible on day 1 due to weather).</b>
<b>1900</b>	<b>Faculty dinner</b>

Following workshops will be conducted on day 2

1. Interscalene block
2. Supraclavicular block
3. Axillary block
4. Elbow block
5. Femoral block
6. Popliteal block

Each workshop is of 60 minutes duration. First 20 minutes are dedicated to anatomy teaching on prosections. Next 10 minutes faculty will scan the model and demonstrate ultrasound anatomy. Next 30 minutes the delegates will scan the model. Five delegates per workshop giving the delegate approximately 6 minutes of scanning.

### **Day 3 (2GO4, 2GO5)**

0900-1000	Workshop 1
1000-1100	Workshop 2
1100-1200	Workshop 3
1200-1330	Lunch
1330-1430	Workshop 4
1430-1530	Workshop 5
1530-1600	Coffee
1600-1700	Workshop 6

Following workshops will be conducted on day 3

1. Sciatic block (Gluteal and subgluteal)
2. Popliteal sciatic block
3. Ankle block
4. Epidural
5. Abdominal blocks
6. Chest wall blocks

Each workshop is of 60 minutes duration. First 20 minutes are dedicated to anatomy teaching on prosections. Next 10 minutes faculty will scan the model and demonstrate ultrasound anatomy. Next 30 minutes the delegates will scan the model. Five delegates per workshop giving the delegate approximately 6 minutes of scanning.

#### **Total anatomy teaching:**

Theory:	3 hours
On prosections:	2 hours and 40 minutes
Ultrasound anatomy teaching:	2 hours
Total:	7 hours 40 minutes.

**Total teaching time over 3 days: 17 hours**

Day 1: 5 hours  
Day 2: 6 hours  
Day 3: 6 hours