



# 6th ESPCOP meeting

**December 19th 2015**  
**Crowne Plaza, Burg 10**  
**Bruges, Belgium**

Following the advice in using less peri-operative opioids in morbidly obese patients, it has now become time to discuss “from low-opioid to opioid free” anaesthesia (OFA).

Why, how and when do we use low-opioid or opioid free anaesthesia combined with post-operative multimodal analgesia in morbidly obese patients?

# PRELIMINARY PROGRAM

**Saturday December 19th 2015 at Crowne Plaza, Bruges.**

## Topics:

- Why reduce opioids in morbidly obese patients?
- How can we give general anaesthesia without opioids?
- Drug combinations in opioid free anaesthesia.
- Which drugs can we use in opioid free anaesthesia?
- Opioid reduction in non-morbidly obese patients.
- Common practice and protocols used in opioid and opioid free anaesthesia.

This year the opportunity has been given to a limited group to follow live opioid free anaesthesia for bariatric surgery at AZ Sint-Jan AV. This separate program is on Friday 18th, the day before the ESCCOP meeting, and **requires separate registration**. For more information please contact us.

## More info:

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**Registration by e-mail\*:** kelly.baert@azsintjan.be  
payment to ESCCOP

- nurses and trainees: € 50
  - ESCCOP members: € 100
  - non-ESCCOP members: € 150
- after November 1st 2015: + € 30 for everyone

BIC: BBRUBEBB  
IBAN: BE09 3800 1841 8957  
REF: 6th ESCCOP meeting + <your name>

\* Final registration after receiving receipt of payment.

Abstracts related to obesity and anaesthesia or intensive care presented for the first time within the last year may be submitted for our scientific session. All selected abstracts will be presented as posters, and the best five will be selected for oral presentation. There will be prizes of 250, 500 and 1000 euro for the three best presentations.

Deadline for abstract submissions: November 30th 2015