

## REGISTRATION

Registration should be done via the online form on our website [www.bara2001.be](http://www.bara2001.be)

### Fee

BARA member (membership 2019 already paid)	Specialists	225 €
	Trainees & Nurses	80 €
Non BARA member (including membership 2019)	Specialists	290 €
	Trainees & Nurses	100 €

### Renew your membership 2020 at the same time at reduced rate:

The reduced membership rate is only valid when registering for the 2019 congress (Regular BARA membership 2020: Specialists 60 €, Trainees 25 €)	Specialists	55 €
	Trainees	20 €

### ESRA Membership 2020

Check the website for their benefits: [esraeurope.org/join-esra/](http://esraeurope.org/join-esra/)

Specialists - RAPM journal online only	100 €
Specialists - RAPM journal paper & online	130 €
Trainees - RAPM journal online only	30 €

### BARA + ESRA Membership 2020

Specialists	155 € or 185 €
Trainees	50 €

All participants are cordially invited to the farewell lunch offered by the BARA. Please indicate online if you wish to participate or not.

After your online registration you will receive a confirmation email with payment details.

Registration is only final after receipt of payment.

Registrations and payments after 22<sup>nd</sup> of September : + 35 €

On-site registration: payment only in cash

Further info: [katia.cools@uzleuven.be](mailto:katia.cools@uzleuven.be)



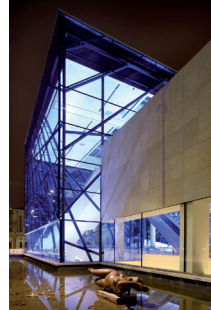
**SQUARE**  
BRUSSELS MEETING CENTRE

## VENUE

**SQUARE - BRUSSELS MEETING CENTRE**

**Glass Entrance**

**rue Mont des Arts/Kunstberg • 1000 Brussels**  
[www.squarebrussels.com](http://www.squarebrussels.com)



## Directions

By public transport SQUARE is located opposite Brussels Central railway station.

## By car

There are 700 parking spaces right underneath SQUARE. Parking Albertina-Square is accessible via rue des Sols-Stuiversstraat or Place de la Justice-Gerechtsplein; preferably park at level -3. Inside the elevator will be indicated on which floor you need to get out.

<http://prod.interparking.be/nl/find-parking/albertine-square/>



- |  |   |
|--|---|
| <b>1</b> GLASS ENTRANCE (MONT DES ARTS - KUNSTBERG, 1000 BRUSSELS)   | <b>R</b> ENTRANCE CENTRAL STATION   |
| <b>2</b> TERRACE ENTRANCE (MONT DES ARTS - KUNSTBERG, 1000 BRUSSELS)   | <b>M</b> ENTRANCE METRO CENTRAL STATION   |
| <b>3</b> RAVENSTEIN ENTRANCE (2 RUE RAVENSTEINSTRAT, 1000 BRUSSELS)  | <b>T</b> TAXI   |
| <b>4</b> COUDENBERG ENTRANCE (3 COUDENBERG, 1000 BRUSSELS)   | <b>I</b> TOURIST INFORMATION  |
| <b>5</b> DELIVERY ENTRANCE (27 RUE DES SOLS, 1000 BRUSSELS) ONLY FOR SMALL PACKAGES AND EUROPALLET NOT BIGGER THAN 120 CM (L) X 80 CM (W) X 140 CM (H) | <b>P</b> PUBLIC PARKING -ALBERTINE- (DIRECT ACCESS TO SQUARE) (3 RUE DES SOLS, 1000 BRUSSELS) |
| <b>6</b> LOADING & UNLOADING (15 RUE DES SOLS, 1000 BRUSSELS)  | <b>🚲</b> CITY BIKES DISPOSAL  |
| <b>7</b> LOADING & UNLOADING FOYERS (1 COUDENBERG, 1000 BRUSSELS)  | <b>A</b> BOZAR (DIRECT ACCESS FROM SQUARE)  |
|  | <b>!</b> NO PARKING IN THE STREET   |
|  | <b>R</b> MUSEUM RESTAURANT  |



**BELGIAN ASSOCIATION FOR REGIONAL ANESTHESIA**

19<sup>th</sup> Annual Meeting  
**28<sup>th</sup> OF SEPTEMBER 2019**

**THE NERVE AS A TARGET**



# BARA Annual Meeting 28<sup>th</sup> of September 2019 Square Brussels

## THE NERVE AS A TARGET

### PROGRAM

- 07.45 - 08.15 **Registration and coffee**
- 08.15 - 8.20 Introduction by Prof. Barbara Breebaart

#### Session 1 - Target vision

- Chairpersons: Dr. Ine Leunen & Dr. Philippe Gautier
- 08.25 - 08.50 Intra or extraneural  
Prof. Miguel Angel Reina
- 08.50 - 09.15 Field Blocks/targeting the terminal nerves  
Dr. Kariem El-Boghdadly
- 09.15 - 09.40 Radicular block: the fusion approach  
Dr. Emmanuel Guntz
- 09.40 - 10.05 Coffee Break

#### Session 2 - Target approach

- Chairpersons: Dr. Dimitri Dylst & Dr. Pierre Goffin
- 10.10 - 10.35 Pressure monitoring: what is the evidence?  
Prof. Xavier Capdevila
- 10.35 - 11.00 Bio-impedance in regional anesthesia  
Dr. Brian O'Donnell
- 11.00 - 11.45 **Albert Van Steenberge Lecture**  
New ways for regional anesthesia:  
finally the adult age!  
Prof. Xavier Capdevila  
Lecture introduced by Dr. Luc Sermeus
- 11.45 - 12.10 **Coffee Break**
- 12.10 - 12.40 Poster Prize Presentations  
Winners announced by Colin Coucke
- Announcement winners research grants

### Poster competition

This year we will grant 2 poster awards in order to encourage scientific research. All abstracts on regional anesthesia (including spinal, epidural, CSE, abdominal wall blocks & peripheral nerve blocks) are welcome, please send to [katia.cools@uzleuven.be](mailto:katia.cools@uzleuven.be). Our thanks go to NORDIC PHARMA for supporting these grants. Deadline for abstract submissions is 8<sup>th</sup> of September.

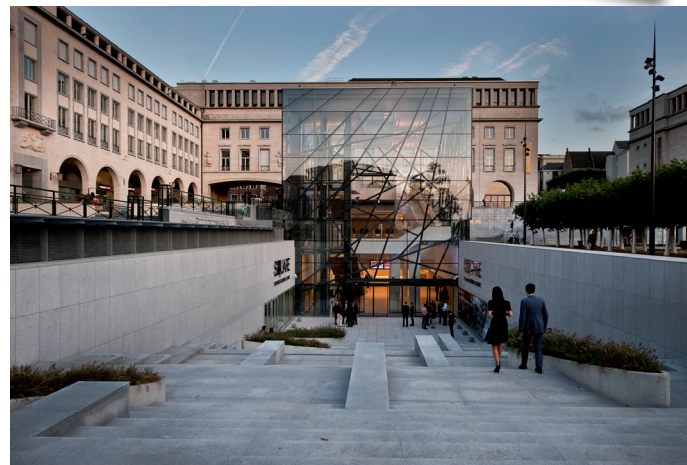
### Session 3 - Target protection & education

- Chairpersons: Dr. Kris Vermeylen & Dr. Pierre-Yves Dewandre
- 12.45 - 13.10 Metrics and resident training  
Dr. Brian O'Donnell
- 13.10 - 13.35 Practical guidelines for suspected nerve injury  
Prof. Alain Borgeat
- 13.35 - 14.00 The use of social media in training/source of information etc  
Dr. Kariem El-Boghdadly
- 14.00 Closing words by Prof. Barbara Breebaart

#### Farwell Lunch

Accreditation will be assigned online via the RIZIV/INAMI website.

BARA Research Grants in order to stimulate research in Regional Anesthesia  
Guidelines and application form on our website  
[bara2001.be/about-bara/research-grant](http://bara2001.be/about-bara/research-grant)  
Deadline for application is 31<sup>st</sup> of August



FACULTY

### FACULTY

- |      |              |                   |
|------|--------------|-------------------|
| A.   | Borgeat      | Zürich CH         |
| B.   | Breebaart    | Antwerpen B       |
| X.   | Capdevila    | Montpellier FR    |
| C.   | Coucke       | Leuven B          |
| P.Y. | Dewandre     | Liège B           |
| D.   | Dylst        | Genk B            |
| K.   | El-Boghdadly | London UK         |
| Ph.  | Gautier      | Bruxelles B       |
| P.   | Goffin       | Liège B           |
| E.   | Guntz        | Braine l'Alleud B |
| I.   | Leunen       | Turnhout B        |
| B.   | O'Donnell    | Cork IE           |
| M.A. | Reina        | Madrid ES         |
| L.   | Sermeus      | Antwerpen B       |
| K.   | Vermeylen    | Turnhout B        |

### THE HONORARY

#### ALBERT VAN STEENBERGE LECTURE

Every year a speaker who made a significant contribution to the world of regional anesthesia in its broadest sense will be invited to receive the honour of the commemorative Albert Van Steenberge lecture.



The 2019 lecture will be presented by Xavier Capdevila, a leading world expert in the field of regional anesthesia.

### MINOR SPONSORS



### UNDER THE PATRONAGE OF



State of the Art Safety Standards in RA  
THE EUROPEAN SOCIETY OF REGIONAL  
ANAESTHESIA & PAIN THERAPY