

## REGISTRATION

Registration should be done via the online form on our website [www.bara2001.be](http://www.bara2001.be)

Fee		
BARA member (membership 2018 already paid)	Specialists	210 €
	Trainees & Nurses	80 €
Non BARA member (including membership 2018)	Specialists	270 €
	Trainees & Nurses	100 €
Renew your membership 2019 at the same time at reduced rate:		
The reduced membership rate is only valid when registering for the 2018 congress (Regular BARA membership 2019: Specialists 60 €, Trainees 25 €)	Specialists	55 €
	Trainees	20 €
ESRA Membership 2019		
Check the website for their benefits <a href="http://esraeurope.org/membership/membership-benefits/">http://esraeurope.org/membership/membership-benefits/</a>	Specialists	120 €
	Trainees	35 €
BARA + ESRA Membership 2019		
	Specialists	175 €
	Trainees	55 €

All participants are cordially invited to the farewell lunch offered by the BARA. Please indicate online if you wish to participate or not.

After your online registration you will receive a confirmation email with payment details.

Registration is only final after receipt of payment.

Registrations and payments after 23<sup>rd</sup> of September : + 35 €

On-site registration: payment only in cash

Further info: [katia.cools@uzleuven.be](mailto:katia.cools@uzleuven.be)



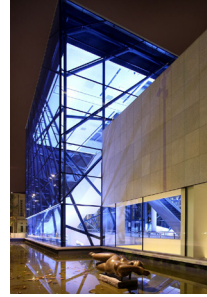
**SQUARE**  
BRUSSELS MEETING CENTRE

## VENUE

**SQUARE - BRUSSELS MEETING CENTRE**

**Glass Entrance**

rue Mont des Arts/Kunstberg • 1000 Brussels  
[www.squarebrussels.com](http://www.squarebrussels.com)



## Directions

By public transport SQUARE is located opposite Brussels Central railway station.

## By car

There are 700 parking spaces right underneath SQUARE. Parking Albertina-Square is accessible via rue des Sols-Stuiversstraat or Place de la Justice-Gerechtsplein; preferably park at level -3. Inside the elevator will be indicated on which floor you need to get out.

<http://prod.interparking.be/nl/find-parking/albertine-square/>



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|---|---|
| <b>1</b> GLASS ENTRANCE<br>(MONT DES ARTS - KUNSTBERG, 1000 BRUSSELS)   | <b>P</b> ENTRANCE CENTRAL STATION   |
| <b>2</b> TERRACE ENTRANCE<br>(MONT DES ARTS - KUNSTBERG, 1000 BRUSSELS)   | <b>M</b> ENTRANCE METRO CENTRAL STATION   |
| <b>3</b> RAVENSTEIN ENTRANCE<br>(2 RUE RAVENSTEINSTRAT, 1000 BRUSSELS)  | <b>T</b> TAXI   |
| <b>4</b> COUDENBERG ENTRANCE<br>(3 COUDENBERG, 1000 BRUSSELS)   | <b>I</b> TOURIST INFORMATION  |
| <b>5</b> DELIVERY ENTRANCE<br>(27 RUE DES SOLS, 1000 BRUSSELS)<br>ONLY FOR SMALL PACKAGES AND EUROPALLET<br>NOT BIGGER THAN 120 CM (L) X 80 CM (W) X 140 CM (H) | <b>P</b> PUBLIC PARKING «ALBERTINE»<br>(DIRECT ACCESS TO SQUARE)<br>(3 RUE DES SOLS, 1000 BRUSSELS) |
| <b>6</b> LOADING & UNLOADING<br>(15 RUE DES SOLS, 1000 BRUSSELS)  | <b>🚲</b> CITY BIKES DISPOSAL  |
| <b>7</b> LOADING & UNLOADING<br>FOYERS<br>(1 COUDENBERG, 1000 BRUSSELS)   | <b>A</b> BOZAR (DIRECT ACCESS FROM SQUARE)  |
|   | <b>!</b> NO PARKING IN THE STREET   |
|   | <b>R</b> MUSEUM RESTAURANT  |



BELGIAN  
ASSOCIATION  
FOR REGIONAL  
ANESTHESIA

18<sup>th</sup> Annual Meeting  
**29<sup>th</sup> OF SEPTEMBER 2018**

# CONTROVERSIES IN POSTOPERATIVE PAIN MANAGEMENT



## BARA Annual Meeting 29<sup>th</sup> of September 2018 Square Brussels

### CONTROVERSIES IN POSTOPERATIVE PAIN MANAGEMENT

#### PROGRAM

- 07.45 - 08.15 **Registration and coffee**
- 08.15 - 8.20 Introduction by Dr. Barbara Breebaart
- Session 1**  
Chairpersons: Dr. David Van Aken & Dr. Marc Reynvoet
- 08.25 – 09.10 IV lidocaine improves pain control and enhances recovery after surgery  
*Pro: Prof. Dr. Jean Joris*  
*Con: Prof. Dr. Geertrui Dewinter*
- 09.10 – 09.55 Opioid free Anesthesia is the best anesthetic option both with and without regional anesthetic techniques  
*Pro: Dr. Jan-Paul Mulier*  
*Con: Prof. Dr. Marc Van de Velde*
- 09.55 - 10.00 Announcement winners poster competition and research grants by Dr. Barbara Breebaart
- 10.00 – 10.25 **Coffee Break**
- Session 2**  
Chairpersons: Dr. Luc Sermeus & Dr. Jean-Pierre Lecoq
- 10.30 – 11.15 TAP and Abdominal Wall Blocks  
*Pro: Prof. Dr. Jens Børglum*  
*Con: Dr. Philippe Gautier*
- 11.15 – 11.50 **Albert Van Steenberg Lecture**  
About lasagna, videoscreens and soft skills  
Prof. Dr. Francis Veyckemans
- Introduction: Dr. Philippe Gautier

#### Poster competition

This year we will grant 2 poster awards in order to encourage scientific research. All abstracts on regional anesthesia (including spinal, epidural, CSE, abdominal wall blocks & peripheral nerve blocks) are welcome, please send to [katia.cools@uzleuven.be](mailto:katia.cools@uzleuven.be). Our thanks go to NORDIC PHARMA for supporting these grants. Deadline for abstract submissions is 9<sup>th</sup> of September.

11.50 – 12.15 **Coffee Break**

#### Session 3

Chairpersons: Dr. Filiep Soetens & Dr. Milica Matic

12.20 – 13.05 Catheters versus additives  
*Pro: Dr. Steve Coppens*  
*Con: Dr. Matthias Desmet*

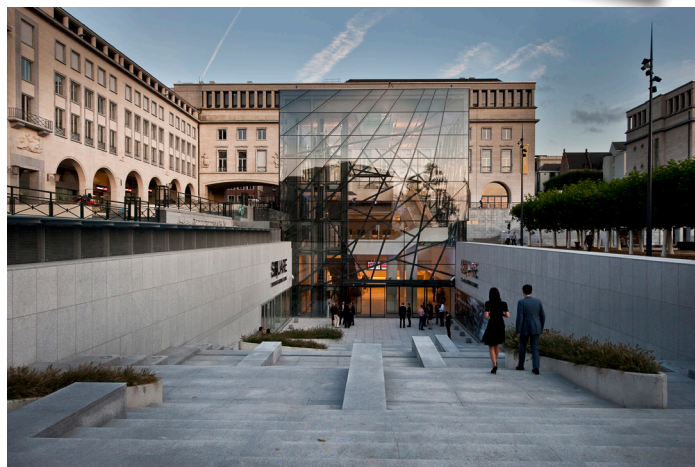
13.05 – 13.50 Supra-inguinal FICB block is the best option for hip surgery  
*Pro: Dr. Kris Vermeylen*  
*Con: Prof. Dr. Jens Børglum*

13.50 - 14.00 Closing words by Dr. Barbara Breebaart

#### Farewell Lunch

Accreditation will be assigned online via the RIZIV/INAMI website.

BARA Research Grants in order to stimulate research in Regional Anesthesia  
Guidelines and application form on our website  
[bara2001.be/about-bara/research-grant](http://bara2001.be/about-bara/research-grant)  
Deadline for application is 15<sup>th</sup> of August



# FACULTY

#### FACULTY

J. Børglum	Copenhagen DK
B. Breebaart	Antwerpen B
S. Coppens	Leuven B
M. Desmet	Kortrijk B
G. Dewinter	Leuven B
Ph. Gautier	Bruxelles B
J. Joris	Liège B
J.-P. Lecoq	Liège B
M. Matic	Bruxelles B
J.-P. Mulier	Brugge B
M. Reynvoet	Kortrijk B
L. Sermeus	Antwerpen B
F. Soetens	Turnhout B
D. Van Aken	Brasschaat B
M. Van de Velde	Leuven B
K. Vermeylen	Turnhout B
F. Veyckemans	Lille FR

#### THE HONORARY ALBERT VAN STEENBERGE LECTURE

Every year a speaker who made a significant contribution to the world of regional anesthesia in its broadest sense will be invited to receive the honour of the commemorative Albert Van Steenberg lecture.



The 2018 lecture will be presented by Francis Veyckemans, a leading world expert in the field of regional anesthesia.

#### MINOR SPONSORS



#### UNDER THE PATRONAGE OF



State of the Art Safety Standards in RA  
THE EUROPEAN SOCIETY OF REGIONAL  
ANAESTHESIA & PAIN THERAPY